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Topics

Let's Change How Your Team Adapts to Change

As dealing with change becomes a regular business activity, leading change becomes a skill to develop and master. Adapting a team and a business in today's world of "always on" transformation can be invigorating instead of exhausting. Don't try to avoid the chaos, manage it by understanding the Satir Change Curve Model. Focusing on people through empathy and perspective are the keys to success. Discover the steps to becoming an effective change leader through this enlightening look at the organizational transformation.

Learning Objectives:

- Switch from being a change manager to a change leader
- · Understand that chaos during change is not failure
- Develop organizational flexibility Focus on the people you are leading through change

Let an Improv Actor Fix Your Next Meeting (this material can be a single session or a multi-hour workshop)

Another &\$*!@# meeting! If meetings are the bane of your existence, transform them to a boon instead. Learn from the wisdom of an improvisational actor through this interactive workshop. Create a meeting culture where communication is open, and everyone wants to contribute. Stimulate fun and effective brainstorming by thinking like an improv actor – think and say, "Yes, And." Go beyond having your team listen to simply respond and have them listen to understand. Through numerous, fun improv games and exercises, learn to hold meetings filled with sharp, brilliant problem-solving ideas. Empower your team to achieve their goals, whether they are local, remote, or hybrid. Let's fix your next meeting!

Learning Objectives:

- Speak spontaneously and answer questions effectively
- Utilize the laws of effective brainstorming
- Give and take, staying in the moment
- Surrender the need to always be right
- · Develop trust among meeting participants



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TopicsLet's All Play "Follow the Speaker"

A speaker is a leader. A better speaker equals a better leader. A good leader leads from the heart, just as a good speaker speaks from the heart. If a speaker is not presenting clearly and effectively, they put a lid on the potential of their team. Learn how to use the four presenter voices of leadership – teacher, motivator, storyteller, and visionary. Public speaking and leadership are inherently related - discover the connections. Become a better speaker to become a more effective team leader.

Learning Objectives:

- Capture the attention of team members and keep it
- · Utilize public speaking as the language of leadership
- · Incorporate the four presenter voices of leadership into public speaking
- · Utilize the power of presenting to bring clarity and effective communication to your team

Seven Ways to Save Your Sanity and Stop Burning Your Toast

Burning your toast is a lot like job burnout. Little or no control over your work. Surrounded by chaos. Unrealistic deadlines. Before you know it, you've burned your toast! Accept this invitation and prevent burnout, in the kitchen or on the job. Learn to lighten up, look around, and live an unscripted life. Apply the secrets of improvisational theater – pay attention, make mistakes, say yes, don't prepare, just show up. Jump on the stage of life and try it with your team. Be in the driver's seat of your own happiness and team success. Stop burning your toast!

Learning Objectives:

- Start anywhere and stay on course
- · Increase personal energy to move forward together as a team
- · Skip preparation stress, just show up and enjoy the ride
- · Catch burnout before it catches you

Profile

Glenn Anderson is the Performance Catalyst Speaker - the catalyst between missed goals and achieved goals. Glenn's presentations and webinars combine decades of corporate experience and teaching with his passion for performing improvisational comedy. The result - your audience is energized and equipped to better communicate, collaborate, and lead. Glenn knows what it takes to capture attention in the business world. He enjoyed a long career with IBM – in sales, management, training, and event speaking. He produced IT conferences and was a featured speaker for thousands of people. As a graduate of Player's Workshop of Second City and with his experience performing improvisational theater, Glenn excites your audience with teaching experience and improv techniques that energize communications and create a collaborative team environment. In a Nutshell, Glenn Anderson Delivers.